



- ANAPHYLAXIS -
Individual Emergency Action Plan

Attach a
CURRENT
photo of your
child to this
corner.

Individuals with multiple anaphylactic responses should complete one form for each allergen.

Name of Person: _____
LAST First Middle

Date of Birth: _____
Month Day Year

This person responds with anaphylaxis from _____

Language Village Session Code: _____
2 Letters + 2 Numbers

About the Signs/Symptoms Experienced by this Person

Check those that apply to this person's anaphylaxis response. It is assumed that the severity of these symptoms can change quickly; some can potentially progress to a life-threatening situation.

- Itching of the lips, tongue and/or mouth.
- Swelling of the lips, tongue and/or mouth.
- Itching and/or a sense of tightness in the throat.
- Hoarseness.
- Hacking cough; repetitive cough and/or wheezing.
- Swelling about the face.
- Hives; an itchy rash.
- Nausea, abdominal cramping, vomiting and/or diarrhea.
- Shortness of breath.
- "Thready" pulse; increased heart rate.
- "Passing out," fainting.

History

Does this person also have asthma? Yes
..... No

Can this person recognize when s/he is experiencing signs/symptoms of anaphylaxis? Yes
..... No

When did this person last experience an anaphylactic response?
Date: _____

Describe what happened and how the person responded:

Emergency Action Plan

Note: Language Villages are at least 30 minutes from definitive care.

Regarding an EpiPen®

Our expectation is that this person will bring at least one EpiPen®, carry that device on their person during their Language Village stay, and know how to use the EpiPen®.

Has this person ever administered the EpiPen® to themselves? Yes
..... No

Our healthcare staff will help a villager administer their EpiPen® if need arises.

Recognizing a Reaction

It is our expectation that this child will tell a staff member if s/he suspects s/he is having a reaction. Parents: please instruct your child to do this.

Treating a Suspected Exposure

If an exposure is suspected but no signs or symptoms of anaphylaxis are present, the Language Village protocol is to give Benadryl, monitor the person, and take further action should signs/symptoms appear.

Treating an Anaphylactic Response

1. Assuming a patent airway, give 50 mg diphenhydramine (e.g. Benadryl) by mouth. Remove person from contact with allergen if possible.
2. Inject 0.3 cc epinephrine stat; repeat dose as needed.
3. Call an ambulance; tell the ambulance crew that this is an anaphylaxis situation.
4. Contact parents per directions on villager's health form.

If your physician wants a different protocol followed, have your physician legibly write that protocol on the back of this form followed by his/her signature and date.

Signature of Custodial Parent or Legal Guardian: _____
Printed Name: _____

Date Signed: _____

Return this completed form to:
Health Services – Concordia Language Villages – 8630 Thorsonveien NE – Bemidji, MN 56601
Questions? Please call Health Services at 218-586-8771.